

Whiteabbey PS Canteen Menu 2019



school food

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www.schoolfoodni.com

Bread, salad, fruit, yoghurt, milk and water are available daily.

If you require any additional information on allergens or special diet please contact the school in the first instance



	Monday	Tuesday	Wednesday	Thursday	Friday
Week One W/C 27/5/19 W/C 24/6/19	Salmon Fish Cakes, Baked Beans Or Mushy Peas & Mashed Potatoes Or Creamy Chicken Pasta topped with cheese & served with sweetcorn & Crusty Bread Fresh Fruit & Yoghurt	Chilli Beef & Rice Or Homemade Wedges Garden Peas Or BBQ Chicken Wrap Coleslaw Homemade Wedges Sponge topped with Fruit & Custard	Roast Beef, Stuffing, Carrots, Broccoli, Mashed & Oven Baked Dry Roast Potatoes & Gravy Fresh Fruit & Ice-cream	Chicken Curry with Boiled Rice, Naan Bread & Carrot Sticks Or Cottage Pie, Cabbage, Carrots Gravy Chocolate Brownie with Fresh Fruit	Chicken Bites Or Tuna Banquette & Salad Chips or Baked Potato's Melon Wedges & Yoghurt
Week Two W/C 3/6/19	Steak Burger in Bap, Salad, Coleslaw & Homemade Spiced Cubed Potatoes Or Chilli Chicken Pasta, Salad & Wheaten Bread Chocolate & Pear Sponge & Chocolate Sauce	Pasta Bolognaise, Carrot Batons & Crusty Bread Or Chicken Goujon Wrap & Tossed Salad , Dry Pasta Yoghurt & Fruit	Roast Chicken. Stuffing Diced Carrot & Parsnip Mashed & Oven Baked Dry Roast Potatoes & Gravy Pavlova & Fruit Or Yoghurt	Chicken Curry with Boiled Rice, Garden Peas & Naan Bread Or Filled Baked Potato & Side Salad Fruit Jelly & Ice-cream	Homemade French-bread Pizza, Salad, Sweetcorn, Chips Baked Potato Filled Baked Potato with Cheese/ Tuna Fresh Fruit & Yoghurt
Week Three W/C 13/5/19 W/C 10/6/19	Oven Baked Breaded Whiting, Baked Beans, Sweetcorn & Mashed Potatoes Or Spicy Beef with Noodles. Vegetables & Crusty Bread Fresh Fruit & Yoghurt	Irish Stew & Crusty Bread Or Bread Or Hot Filled Baguette (BBQ Chicken, Salad & Coleslaw) Apple Sponge & Custard	Roast Beef, Stuffing, Gravy Cabbage, Mashed Turnip Mashed Potatoes Dry Roast Potatoes Milk Pudding & Fruit	Chicken Curry with Boiled Rice, Carrot Sticks & Naan Bread Or Lasagne, Sweetcorn, Tossed Salad & Coleslaw) Biscuit & Milkshake & Fruit	Sausages, Garden Peas & Chips/Baked Potatoes Or Creamy Chicken Pasta & Salad & Crusty Bread Fresh Fruit & Yoghurt
Week Four W/C 20/5/19 W/C 17/6/19	Fish Fingers, Beans, Mushy Peas & Mashed Potatoes Or Chicken , Mayo Wraps with Salad Fresh Fruit & Yoghurt	Buffet Selection of sandwiches Chicken/cheese/Tuna Pizza Fingers/Cocktail Sausages & Carrot Sticks Chicken Goujon Fruit Muffin & Milkshake	Roast Chicken ,Stuffing Turnip, Cauliflower, Mashed & Oven Baked Dry Roast Potatoes & Gravy Pavlova & Fruit Or Yoghurt	Chicken Curry with Boiled Rice, Baton Carrots & Naan Bread Or Chinese Chicken Noodles with Stir Fried Vegetables & Naan Bread Fruit Sponge & Custard	Hot Chilli Chicken Wrap Or Steak Burger in Bap, Salad Sweetcorn, Chips Or Baked Potato Fresh Fruit & Yoghurt

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